



# SPRINGBANK

## Figure Skating Club



## Welcome to a New Season!

The start of our new season is in full swing and we would like to thank both all our new and returning members for making our 2015-2016 membership drive a wonderful success. It's up over last year and still growing! We are grateful for a great group of skaters, coaches, staff & volunteers this year. The enthusiasm you have shown over the last month has really been exciting to see. The SFSC Board is working hard at making this upcoming season all that you expected from a club and more. Thank you so much for your support and faith in us.

### CanSkate

Together with our Nationally certified coaches and trained program assistants, boys and girls are now skating on Thursdays and Saturdays, enjoying the activity, exercise & fun and developing basic skating skills in this successful SFSC Learn-to-Skate-Program. If you have little keeners who want to learn how to skate, please contact us! CanSkate is also great for little hockey players - our program is officially linked with Hockey Canada for skating development!

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*Fall Sessions* are running now and we still have spots available in our *Winter Sessions*, which are scheduled for January 9 - April 2, 2016, from 9:15 - 10: am.

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*For more details and questions with regards to CanSkate, please contact Carla Elgar at [carlaelgar@hotmail.com](mailto:carlaelgar@hotmail.com).*

### Junior-Prep.

Always open to skaters of all ages, who are working on a CanSkate-Level 4 badge and have been recommended by one of our coaches, this program provides group-based lessons for improvement of skills.



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**Times & Dates of Sessions:** Tuesdays from 4pm - 5pm & Thursdays from 5:15pm – 6:15pm for the full season (now until April 26, 2016).

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### STARSkate / Competitive

**Skills, Tests, Achievement, and Recognition = STARSkate.** Unique in Canada, it offers small group- and private lessons for advanced recreational and competitive skaters to develop fundamental skills in the areas of ice dance, free skate, figure- and interpretive skating.

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**Times & Dates of Sessions:** Now until April 26, 2016. Lessons are individually scheduled with the skater's assigned coach.

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# 2015 Sask Skate Open / Invitational Competition

## Regina Oct 2 - 4, 2015

Congratulations to all the skaters who represented SFSC and to Natasha who was the team coach!



### Upcoming Events: SKATE CANADA SECTIONALS in Springbank!

SFSC is proud to host the

**Calgary Region Open, Springbank Fall Freeze  
at Springbank Park For All Seasons, November 20 - 22, 2015.**

Good Luck to all our participating STAR-Skaters!

Mark the Dates for making good memories that will last a lifetime, and, most importantly, for having FUN!  
*(for more event information, please visit: [bnwtun.ca/wp-content/uploads/2015/03/Springbank-Fall-Freeze-20151.pdf](http://bnwtun.ca/wp-content/uploads/2015/03/Springbank-Fall-Freeze-20151.pdf))*

### Special Thanks to our Volunteers

SFSC would like to recognize all of our Board Directors and member volunteers who have been and are constantly working behind the scenes in helping to build and lift our club off the ground. Most recently at Springbank Fall Fair and currently for Springbank Fall Freeze, we wouldn't be where we are today without your hard work and dedication. Many Thanks!

### Coaches' Corner

We would like to express our great gratitude to one of our dear head coaches, Natasha Taylor, for the additional hours of time, encouragement, guidance, inspiration and motivation spent as our last season's coaches' representative. Natasha is stepping down as a rep. to now fully focus on coaching our skaters again. Many Thanks!

Chelsey has been coaching skaters since 2008, in both Prince Edward Island and Ontario prior to Alberta. She is NCCP primary StarSkate certified, has passed various Skate Canada Tests and holds many titles, including PEI-Provincial Champion. Chelsey also performed with Disney on Ice as a specialty performer from 2005-2008. We're grateful to have her both as a coach and our new coaches' representative.

For more details on our Club, our Coaches, our different programs & registration information and more, please visit our website at [www.springbankskating.com](http://www.springbankskating.com) or on Facebook at [Springbank Figure Skating Club](#).

*Contributed October 2015 by Gesche Tallen & Cheryl Burgess*